



Monkton Country Day Care August 2013

What's New

We were, once again, recipients of the Maryland State Department of Education Textbook Grant! We used the funds we received to add more materials to our resource room such as a new computer desk, audio desk, purchase a new assessment guide for yearly evaluations with the children, new books, computer games, etc. We are very fortunate to be able to take advantage of this program and provide these addi-



Referral Program

We know, child care isn't cheap but did you know that you can earn \$50/month off of your monthly tuition by referring families to Monkton Country Day Care? You can refer as many families as you'd like. Credits are applied once the family begins attending. Coupons are available on the bulletin board outside of the office door.

FALL PAPERWORK

Fall classroom assignment notices have been sent out to all enrolled families along with the paperwork needed to update files for the upcoming 2013-2014 session. If you haven't done so already, please take a few minutes to fill out the forms and return them prior to the beginning of school in September. There are a couple of new forms this year and all children will need an updated physical and current shot records on file. If you have any questions regarding the paperwork, please feel free to stop by the office. We look forward to starting off the school season real soon!

Happy Birthday

To:

- 1 - Ms. Danielle
- 5 - Cate K.
- 18 - Zachary R.
- 16 - Brenna H.
- 19 - Ms. Lisa



August Events

- 8 Bounce House
- 15 Magic Show
- 21 Hike Day
- 28 Last day of summer program
- 29-30 School Closed - In-service Day

Food For Thought

Packing lunch can sometimes be a hassle trying to find a variety of foods that will interest your child. Here are some tips on how you can make lunch interesting and nutritional:

1. Pick low calorie drinks
2. Pack high fiber, proteins, and healthy fats such as turkey, boiled eggs, sliced ham & cheese on wheat bread
3. Replace chips with fresh fruit or vegetables, pretzels, almonds & raisins

4. Pick desserts that are 100 calories or less, such as low-fat pudding, sugar free Jell-O, yogurt, etc.

Have your child help you pack their lunch and discuss the importance of healthy eating.

http://www.nbcnews.com/id/32498955/ns/health-childrens_health/t/tips-help-pack-perfect-school-lunch/

Fall Enrollment

We are busy getting ready for fall enrollment already. Space is still available for the 2013-2014 school year. Please call or email Jennifer Cashman, Director today for more information. Classrooms are filling up quickly! *The fall session begins Tuesday, September 3, 2013.*

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