



October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1% or nonfat milk or 100% juice served with all snacks						1 Afternoon PM snacks are served around 3:30pm
2	Veggies & Dip	Cereal	Pretzels	Vanilla Wafers	Snack Mix	8
9	Animal Crackers	Tortilla Chips	Frozen Yogurt	Cereal	Fruit Bars	15
16	Cereal	Cheese Crackers	Vanilla Wafers	Fresh Fruit	Graham Crackers	22
23 *snack is subject to change in classrooms due to theme related snack or celebrations	Tortilla Chips	Cookies	Fresh Fruit	Cereal	Crackers with Spread	29 